



# Youth Voices

NZC Winter PD Session

slido



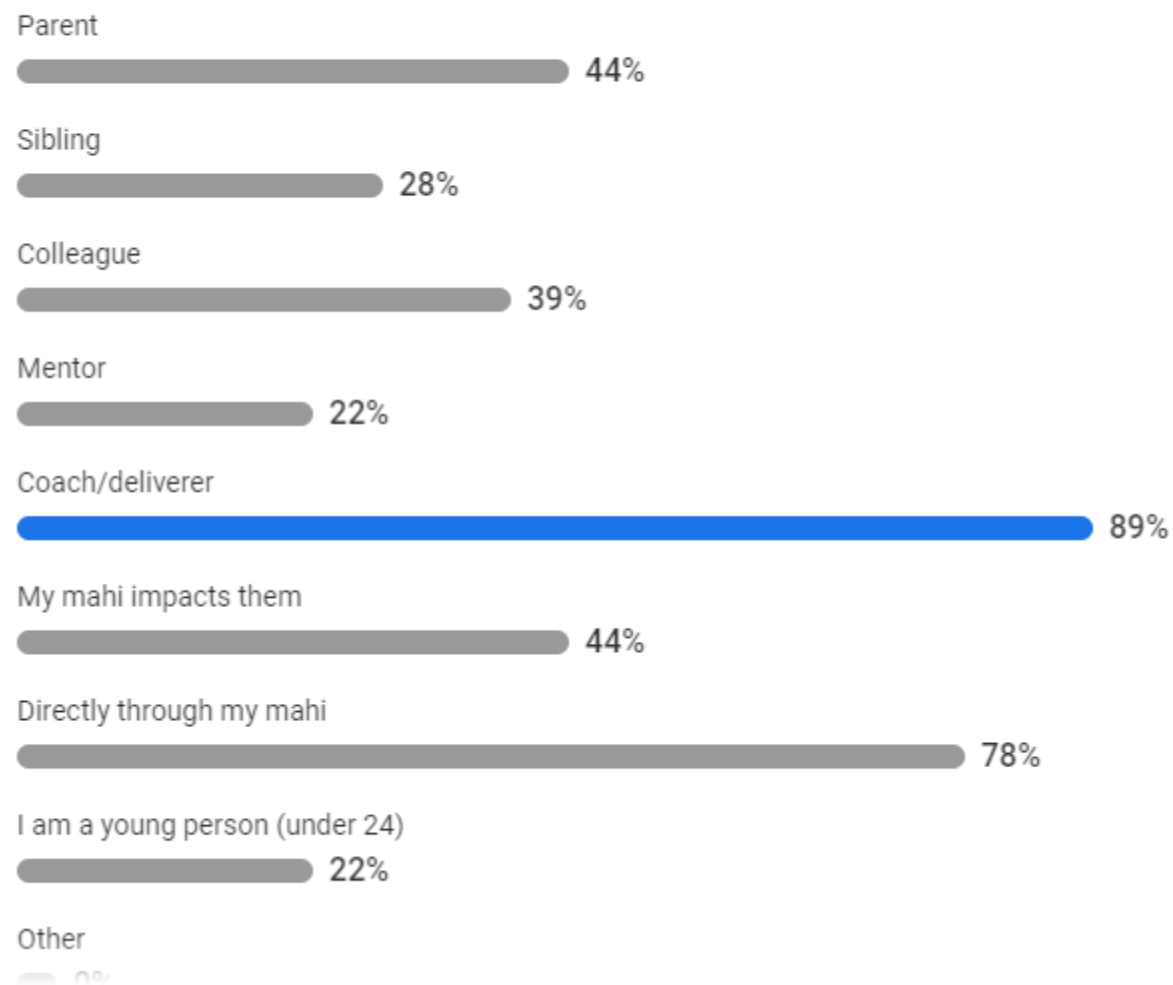
**In what ways do you show up in the lives of young people?**

ⓘ Start presenting to display the poll results on this slide.



## In what ways do you show up in the lives of young people?

18 ...



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**What is youth engagement?**

ⓘ Start presenting to display the poll results on this slide.



## What is youth engagement?

15 ...

- Anonymous  
capturing the minds and hearts of teens
- Anonymous  
Nothing about us without us
- Anonymous  
More participants involved in a variety of ways
- Anonymous  
How youth/ young people feel towards person, activity place ect
- Anonymous  
Giving young people an opportunity to express themselves in sport
- Anonymous  
Opportunities they might not have previously had
- Anonymous  
Coaching, teaching, talking, experiencing all things with children. Connecting with youth
- Anonymous  
Finding ways to communicate with youth that enable them to design programmes
- Anonymous  
Interacting with & working alongside youth to achieve outcomes that align to their needs/wants
- Anonymous  
Getting youth active and involved
- Anonymous  
Create youth interest
- Anonymous  
Providing ways and opportunities that are relevant to the youth and how they want to consume it
- Anonymous  
Just connecting with youth in all spaces- sport, educations etc
- Anonymous  
Giving youth the opportunity to participate in the way they want to participate
- Anonymous  
Giving them the opportunity to have input
- Anonymous  
Involving youth in the decisions we make that affect them

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**What does youth engagement currently look like in your context?**

**i** Start presenting to display the poll results on this slide.



What does youth engagement currently look like in your context?

14



Anonymous

Forming relationships and connecting with schools and their students



Anonymous

Weekly cricket competitions with schools (usually modified formats)



Anonymous

Don't currently have youth input into what we do - want to create a youth focus group to be their own voice



Anonymous

Finding ways to get them back involved with sport



Anonymous

trying to get youth to make our sport a life long game for them



Anonymous

A priority but no clear plan/strategy



Anonymous

School visits, holiday programmes, pathways programmes in winter



Anonymous

Through sport, healthy lifestyle opportunities



Anonymous

Seeking feedback & understanding about what youth want



Anonymous

Meeting and forming connections through sport to aid their development on and off field



Anonymous

Making sure we have a youth representative in our working group



Anonymous

Trying to convert youth players to long time adult players



Anonymous

Providing multiple playing opportunities



Anonymous

A bit hit and miss at times



Anonymous

Focus groups, asking for help with planning and feedback

# Today's objectives

- Dive into some of Sport NZ's Youth Voice Guidance
- Unpack the different **levels of youth engagement**
- Unpack the different **ways to hear from young people**
- Start to understand what *could* be done in your region





# About the Guidance

Link: [Youth Voices in Active Recreation and Sport](#)

The guidance is informed by sector insights.

Youth voices included and written by a young person.

This is **not** about turning to co-design or youth boards all the time – it is about choosing the level and type of engagement that is suitable for the outcomes you are seeking.



# Understanding your why

Start with identifying **why** you want to hear from young people.

e.g.

- What do you want to hear from young people about?
- Will they influence or make decisions?
- What is in/out of scope?

Then:

- What is the best way to achieve that?  
(Level/Mechanism)



"What is the purpose of why you want it before you even start – do you really want it, or is it trendy?"

- Alumni, 23-year-old

"Don't be tick box"  
- 15-year-old

# Levels of youth engagement (page 12)

Level of Engagement		Explanation
<b>Doing with</b> – equal and reciprocal partnership	Co-production	An equal partnership with rangatahi. Decisions are either shared or made by rangatahi, and rangatahi develop their leadership skills during the process.
	Co-design	Involving rangatahi in the design of something, ensuring that rangatahi have opportunities to influence decisions made throughout the process.
<b>Doing for</b> – engaging and involving rangatahi	Engagement	Regular opportunities to contribute opinions and influence some decisions.
	Consultation	Rangatahi share their thoughts and preferences on issues and options.
<b>Doing to</b> – rangatahi as passive recipients of a service	Informing	Explain the decisions you've made and why a project has been developed.
	Educating	Educating rangatahi on the benefits once a project is finished.
<b>Non-participation</b>	Tokenism	Rangatahi appear to have a say but in reality, have little to no input.
	Decoration	Rangatahi 'decorate' project and attend in a very limited capacity.
	Manipulation	Adults pretend that rangatahi have participated.



# Case study

## Alfred Cox Skate Park

“We had a core design group of 3 or 4 young people who were advocates for the project. They even interviewed and chose the architects...the interviews they held were intense!”

“We have an Instagram called ‘skate build’ – kids engage a lot through there... it’s also about feeding back to the kids why some things work and some things do not – to keep them involved”



# Ways to hear from young people

Rangatahi Rōpū

Youth Leaders

Youth Collective

Rangatahi Panel

Participants

Aspiring Leaders

Youth advisory group

Youth Group

Youth Board

Youth Council



# Ways to hear from young people (page 1)

## Type of Youth Voice Definition

Type of Youth Voice	Definition	
Youth Board	A group of young people that focus on the immediate and long-term priorities of an organisation.	
Youth Board Member	Elected member/s of an organisation's board that are equal to the other (adult) board members.	
Board Intern	Member/s of a board that don't have voting rights - often a learning and development opportunity.	Influence only
Youth Council	A group that regularly provide their feedback on existing things or may lead a specific project.	Some decision-making power
Youth Commission	Same as a youth council, but they only come together for the length of a project.	Some decision-making power
Youth Advisory Group / Board	Regularly provide their opinions, ideas and feedback on a specific matter or project.	Influence only
Focus Group	Provide opinions, ideas or feedback. Engagement is usually a one-off, or for a specific project.	Influence only
Feedback	Includes surveys, feedback forms, voting forms.	Influence only

"Tell us what we can actually influence or change and what we can't so then we know from the start and won't get disappointed or mad if something doesn't happen"  
- 16-year-old

# Case study: Smash Play Youth Rangatahi

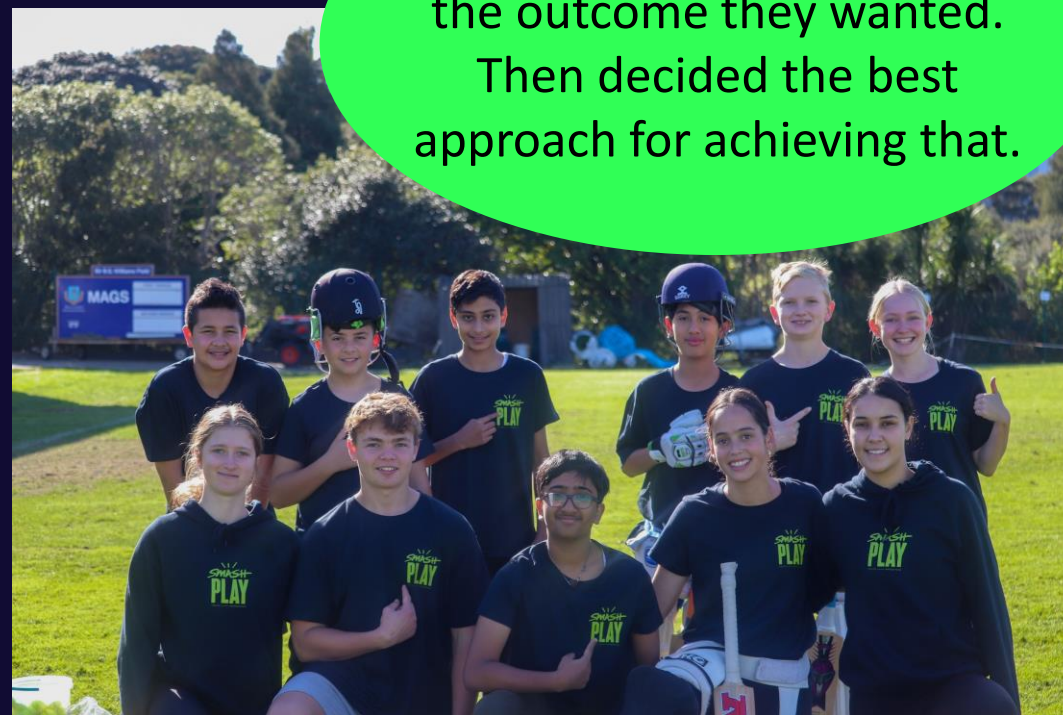
Knew we needed to adapt the offering for secondary school age

Wanted hear from young people to make sure the new offering met rangatahi needs (i.e. they would actually play the new formats)

Consultation level

Focus groups → Pilot feedback

Understood their 'why' and the outcome they wanted. Then decided the best approach for achieving that.



# Pātai?



# Jam board activity

- your challenges?
- can youth voices help?
  - why? how?

[https://jamboard.google.com/d/19tbXS9e\\_YwJC\\_EqF4qImElxPBrfKd2vRFWg06sJV\\_CU/edit?usp=sharing](https://jamboard.google.com/d/19tbXS9e_YwJC_EqF4qImElxPBrfKd2vRFWg06sJV_CU/edit?usp=sharing)

# Share back



# Pātai?

Q&A Session

# Wrapping up

- **Why** do you want to engage with young people? (Be clear on your purpose)
- **How?** (Level and group type)
- **How long for?** (Plan it, have a timeline or key dates, and manage expectations)
- **Who?** (Age range, diversity, location)
- **What resources** do you have **to support it?** (Time, skillsets, capacity, money)