



WATCH MY VIDEO :)

METEOR SMASH

HAUKURUTIA TE MATAKOKIRI

SKILL FOCUS

- Throwing

COMPLEXITY



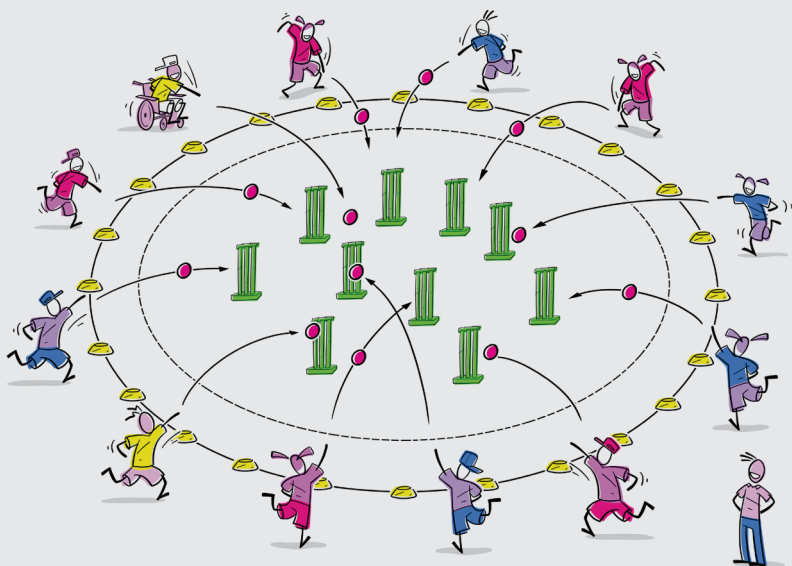
WHAT OTHER SKILLS COULD BE INVOLVED

Fielding & Perception Skills.

THINK QUICK — WHAT TO LOOK OUT FOR

- Encourage Smashies to think about how to step towards the target and how to swing / use their arms.
- Encourage Smashies to think about where they are aiming, what about the target could help them focus.

SET UP



*Note: Smashies must always be watching, as balls will come from all different angles. Smashies must not enter the 'no entry zone' for safety reasons.

LET'S PLAY

- Smashies start behind the circle area of cones holding balls and / or bean bags.
- Target wickets are set up scattered throughout the circle at an appropriate distance.
- Smashies throw their ball and try to hit the wickets down.
- Smashies need to watch out for balls coming from all angles (backing up). Once they gather a ball they have another turn at trying to hit the wickets. Play is a continuous process.

EQUIPMENT



Cones, Balls (Small or Large), Wickets, Bats.
Extras – Bean Bags.

TIME



5 minutes on activity.

SMASHIES GROUP



Small or large groups
(split into two teams).

VALUES

(PROMPT THE SMASHIES)



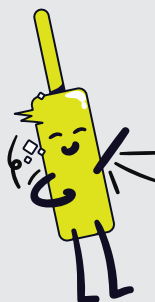
HONESTY PONO

How could the Smashies be honest when they play this game?



SUPPORT TAUTOKO

In what ways can Smashies support their partner or teammates when playing?



COOPERATION MAHI TAHI

How could Smashies work together when they play?

MIX IT UP

- ⊖ Closer distance between the Smashies throwing line and the target wickets.
- ⊖ Use larger balls.
- ⊖ Smashies can underarm roll or throw their ball at the wickets.
- ⊕ Increase the distance between throwing line and target wickets.

SMASH IT UP



Mission – Add in an enemy ball. Knock it out of the circle as an **Energy Boost** to finish the game faster.



Boss Battle – Activators / Coaches / Whānau / Teachers can stand in between the throwing line and wickets and hit the balls away with the bat to protect the wickets.



Arena Mode – Remove wickets from the base, leaving one wicket as the target to hit.

SMASHIES VALUES

(REFLECT WITH SMASHIES)

- What were some of the ways that your team cooperated today?
 - How did you show support for each other?
 - How were you honest in the game?



I did a good job of being cooperative / supportive / honest



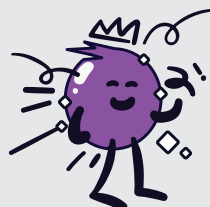
I was OK



I wasn't cooperative / supportive / honest



FIND MORE INFO :)



DON'T FORGET TO ASK THE SMASHIES



- Reinforce the positive:
I Like the way you...
- What was the best way to hold the ball when you throw? Could you hold it differently?
- When could you let go of the ball to throw it further?
- What did you do with your body to try and get the ball to hit the wickets?